

"No matter who you are or where you are on life's journey, you are invited and welcome here."

A Just Peace and Open and Affirming congregation

February 4, 2018

10:00 a.m.

FIFTH SUNDAY AFTER EPIPHANY

The liturgical color for the Sundays after Epiphany is green, representing the growth and vitality of the community of faith.



SERVING AT URBANDALE UCC THIS SUNDAY

Liturgist: Hank Puckett

Ushers & Greeters: Jeff Couch, Paul Johnson, Fred Breen, Chris Jordan

Acolyte: Lee Hood

Nursery: Anjy Allen & Susan Joynt

Opening the Church: Today, Chris Jordan Next Sunday, Jeff Couch

Sound Booth: Jon Duvick

Flowers were given by Diane Dornburg Bella Bonilla in memory of Bella's grandpa, Jim Logston, and her dad, Lesmin Bonilla.

GATHERING

We extend a special welcome to our visitors. Nametags and information packets are available at the welcome table at the main entrance to the sanctuary. Childcare is available in the nursery for children ages birth through seven. Please see an usher for location if you wish to use the nursery.

GREETING

"Confront the dark parts of yourself, and work to banish them with illumination and forgiveness. Your willingness to wrestle with your demons will cause your angels to sing." ~ August Wilson

TIME OF FRIENDSHIP

ANNOUNCEMENTS

PRELUDE

"What Wondrous Love Is This"

Anna Laura Page

LIGHTING OF THE CANDLES Their flames symbolizing God's Spirit.

This symbol invites the congregation to stand in body or spirit Bold type indicates a unison response

❖ CALL TO PRAISE AND PRAYER

ONE: Come away from the world's turmoil and pain, so that you may re-discover the peace of God's blessing.

- ALL: We need to re-charge our spiritual batteries and re-awaken our passion for the work of transformation.
- ONE: Renew your courage for facing your deepest hurts and be assured that nothing about you is a barrier to God's grace.
- ALL: We long for wholeness and healing, and we search for the real self that yearns to emerge.
- ONE: You belong here, but you cannot stay here. What you experience here is only preparation for the challenge of living authentically in the world!
- ALL: We will draw healing for our wounds, nourishment for our growth, and strength for the journey. Then we will carry with us God's blessing and power!

PRAYER OF CONFESSION

God of Healing and Wholeness, we have allowed the past to constrain our present. Our mistakes and mis-steps have distracted us from the things you call us to be and do. Somehow, we have bought into the mistaken notion that perfection is what you demand of us, when in reality, you welcome us as we are and enlist us for the work of your realm without qualification or condition. Forgive us for dismissing our own humanity. Allow us to face boldly our demons and our dis-ease. Renew in us the assurance that we are beloved and cherished as your children, so that we may love others as you love us. Amen.

ASSURANCE OF FORGIVENESS

PROCLAMATION

COVENANTING WITH NEW MEMBERS

HYMN OF WELCOME AND RIGHT HAND OF FRIENDSHIP

"I Am One Voice"

I am one voice and I am singing... (solo)
We are two voices, we are singing... (two voices)
(Congregation, rise and join in singing.)

- **❖** We are God's people, we are singing... (ALL)
- **❖** This is our story, we'll keep singing... (ALL)

ANTHEM

"Hold on To the Rock" Adult Choir Ken Hanson, soloist Pepper Choplin

SCRIPTURE LESSON

Mark 1:29-39 (The Inclusive Bible)

- ²⁹ Upon leaving the synagogue, Jesus entered Simon's and Andrew's house with James and John. ³⁰ Simon's mother-in-law lay ill with a fever, and immediately they told Jesus about her.
- ³¹ Jesus went over to her, took her by the hand and helped her up, and the fever left her. Then she went about her work.
- ³² After sunset, as evening drew on, they brought to Jesus all who were ill and possessed by demons. ³³ Everyone in the town crowded around the door. ³⁴ Jesus healed many who were sick with different diseases, and cast out many demons. But Jesus would not permit the demons to speak, because they knew who he was.
- ³⁵ Rising early the next morning, Jesus went off to a lonely place in the desert and prayed there. ³⁶ Simon and some companions managed to find Jesus ³⁷ and said to him, "Everyone is looking for you!"
- ³⁸ Jesus said to them, "Let us move on to the neighboring villages so that I may proclaim the Good News there also. That is what I have come to do." ³⁹ So Jesus went into their synagogues proclaiming the Good News and expelling demons throughout the whole of Galilee.

A recurring theme in Mark's Gospel is "The Messianic Secret." It is Mark's way of explaining some of the vexing questions around Jesus' ministry, such as how so many people could have missed what was obvious to Jesus' followers. In Mark's understanding, parables are a means of intentionally obscuring the teaching so that only those with "ears to hear" get the message. Verse 34 of the above passage is an example of keeping the secret.

MOMENT OF SILENT REFLECTION

SERMON "Jesus: The Galilee Tour" Pastor Dave

RESPONSE

PRESENTATION OF OUR GIFTS

ONE: God is good! ONE: All the time! ALL: God is good!

ALL: God is good!

ONE: Let us share the goodness of our God!

When the offering plate comes to you, we invite you to hold it for a moment and consider the many gifts that you can share. You may pray for a person or a ministry; you may commit yourself to a specific act of compassion; or you may resolve to work on a relationship that is in need of repair. Allow the Spirit to guide your thoughts.

OFFERTORY "Were You There" Dale Wood

Please sign the Pew Pad and pass it to your neighbor.

♦ DOXOLOGY tune: Lasst uns erfreuen

Praise God from whom all blessings flow; Praise God, all creatures here below; Alleluia! Alleluia! Praise God the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!

PRAYER OF DEDICATION

CELEBRATION OF THE LORD'S SUPPER

INVITATION

COMMUNION PRAYER

WORDS OF INSTITUTION

THE SHARING OF THE BREAD AND CUP

This morning we will share the bread and cup by intinction. Starting from the front pews, please move to the center aisle (forming two lines) and come to the front. Take a piece of bread and dip it into the cup. Please return to your seat via the side aisles. If you wish to be served in your pew, please raise your hand as communion is being served. *A gluten free option is available.

PASTORAL PRAYER

THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

❖ CLOSING HYMN "Jesus Took the Bread" Hymnal 343

The candles are extinguished.
God's Spirit remains as a living flame in the hearts of God's people.

❖ BENEDICTION

POSTLUDE "Trumpet Voluntary" Gordon Young

Please reshelve the hymnals and put this used Bulletin in the recycle basket.

New Members

Christopher Lewis

Grew up in the St. Louis Metropolitan area. Enjoys traveling, reading, plays. Runs Marathons.

Dorrie and Sara Lunsford-Mays

Dorrie and Sarah relocated to the Des Moines area in 2013. Prior to that, they were members of UCC in Riverside, California. In September of 2017, they adopted their little girl, Angel. Dorrie is a manager at Arby's in Urbandale and Sarah is a manager at Walgreens in Altoona.

Scott Regenwether and Bob Brandhorst

Scott Regenwether grew up in East Central Iowa and has been in the Des Moines area for the past 5 years. Bob Brandhorst grew up in Northeast Iowa and has lived in the Des Moines area for 15 years. We have been together for 4 years and currently reside in Urbandale. They have a dog (Wrigley) and cat (Kitty) who are both very spoiled. They enjoy beach vacations, mini weekend road trips and are "foodies" at heart.

PRAYER CONCERNS

To list someone in this section, with their permission, please email staff@urbucc.org by the weekly bulletin deadline.

Keep in your thoughts and prayers:

Jamel Carter...Don Walters...Louise Haney...Diann Miller

And our dear ones: Alma Sims...Verna LeVear...Lee & Margaret Messenger

To notify the staff of a prayer concern, or to send a note of caring and support to someone, please use the cards in the pew rack and drop them in the offering plate. Please indicate whether prayer concerns should be forwarded to our Prayer Chain. Notes will be mailed on Monday, provided we have the recipient's full name and the sender's signature.

The Prayer Shawl Ministry provides prayer shawls to people experiencing difficult circumstances or life transitions. For more information, email <u>prayer.shawls@urbucc.org</u>.

This Week at UUCC

Sunday, February 4	Wednesday, February 7	
FAMILY PROMISE WEEK	6:00 pm Worship Team	
9:00 am Sunday School & ASF	WNA:	
10:00 am Worship: Communion &	6:30 pm Adult Bells	
New Members Join	6:45 pm 7 th -9 th Grade OWL	
Special Music: Adult Choir	7:00 pm Adult Choir	
11:15 am 4 th -6 th Grade OWL 12:30 pm Matu Bethel Church	7:00 pm AA	
12:30 pm Light Mission Pentecostal Church	Thursday, February 8	
Tuesday, February 6	7:00 pm Leadership Team	
11:00 am Staff Meeting	Saturday, February 10	
	9:00 am Bowtie Boyz	
	1:00 pm Private Group	
	1:00 pm Private Lessons	
	3:00 pm Light Mission Pentecostal Church	
	6:00 pm Matu Bethel Church	

Upcoming Sundays

Sunday, February 11	<u>Sunday, February 18</u>
9:00 am Sunday School & ASF	9:00 am Sunday School & ASF
10:00 am Worship: Baptism	10:00 am Worship
Special Music: Adult Bells & Adult Choir	Special Music: Adult Bells & Raggedy Band
11:15 am 3 rd -6 th Grade Youth Group	11:15 am Silent Auction Reception
11:15 am 4 th -6 th Grade OWL	11:15 am 4 th -6 th Grade OWL
12:30 pm Matu Bethel Church	12:30 pm Matu Bethel Church
12:30 pm Light Mission Pentecostal Church	12:30 pm Light Mission Pentecostal Church

SILENT AUCTION TO BENEFIT CAMPERSHIPS & GENERAL SYNOD

Baskets are now displayed in Fellowship Hall. Each basket will have a clip board to record your bid and the value of the item. Basket will be available for your viewing pleasure before and after worship February 11th and 18th. Bidding closes at 10am on the 18th. We will have a reception announcing winners immediately following worship on Sunday, February 18th. Proceeds go to our Campership & General Synod Fund to continue our mission of paying 50% tuition for each participant.

Sunday School, Emerging Adults & ASF 9:00-9:45 am

Preschool to 5th grade will meet in the Sanctuary for Singing w/ Bobby from 9-9:10 am then up to the Upper Ed Wing for Bible Study Time.

6th-12th graders will meet in the NW corner of Fellowship Hall

Adult Spiritual Formation (ASF) ~ 9:00-9:45am in Fellowship Hall:

Today: Mission Kite String, presenter: Hank Puckett

Next Week: Getting to Know Our Student Pastor, presenter: Tony Dillon-Hansen

7-9th OWL Recognition in Worship

Please join us in worship as our 7th -9th OWL class share their gratitude, experience and statement on Sexuality and Faith on **Sunday, February 11th at 10am**. We appreciate UUCC and supporting the OWL Program. We look forward to celebrating OWL, our youth and congregation together this day.

3-6th grade Youth Group

Mark your calendars for Sunday, February 11th. We will eat lunch and finish making Valentine cards and deliver them to members of our church when the 4th -6th OWL class ends at 12:30. We will work on these valentines in Sunday school on February 4th and 11th. Families are welcome to join us make and deliver cards. We will leave church about 12:45 and return by 2pm to pick up your child. Please sign the permission slip outside Rev. Amy's office to allow youth leaders to transport your youth. Please plan to join us and spread the love!

Lent 2018

Ash Wednesday Service & Pancake Supper

The Advent-Christmas-Epiphany season is coming to a close and we are approaching the Lent-Easter-Pentecost cycle. We will begin this season with the Ash Wednesday Pancake Supper on **Wednesday**, **February 14th at 5:30 pm.** After supper is the **Ash Wednesday Worship** service with imposition of ashes, at 6:30PM in the Sanctuary. Adult Choir will rehearse at 7:00PM as usual, but there will be no other Wednesday Night Alive choir rehearsals.

COMMUNITY EVENTS:

Trivia Anyone?

Test your team on Saturday, February 24, 2018, during an evening of food and fun!

The Center for Social Ministry Trivia Night will take place at the Catholic Pastoral Center (601 Grand Avenue), beginning at 5:30 p.m. Recruit friends, family, co-workers, your JustFaith group, book group, or any other group! The winning team will receive bragging rights and a special gift. Cost: \$200 for a team of 8. That's only \$25 per person... less than the cost of dinner and a movie! All proceeds support the work of the Center for Social Ministry.

UUCC's Inclement Weather Policy

The church office will be closed on any day that either Urbandale or Des Moines Public Schools are closed as a result of inclement weather. On those days, all church programming will be canceled. If classes are dismissed early, all events at the church will also be canceled.

On Sunday mornings with inclement weather, decision will be made by 7:30AM. The recorded message on the church phone system will be changed. (Press 3 for cancellations.) Local television stations will be notified to publicize the announcement and the information will also be posted on UUCC's Facebook page, www.facebook.com/UrbandaleUCC.

URBANDALE UNITED CHURCH OF CHRIST

Phone: 515-276-0625 • Fax: 515-276-2451

www.facebook.com/UrbandaleUCC

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"We welcome into this community of faith, and affirm the participation in all aspects of church life, persons of every age, race, gender identity and expression, nationality, ability, and sexual orientation. We will continue our efforts toward inclusiveness, and stand against all forms of discrimination. We will empower ourselves, our children, and one another to be fully present in the world, living in Christ's image and striving for justice and peace."

Staff

The Rev. David P. Sickelka, Senior P	astor	david.sickelka@urbucc.org
The Rev. Amy Murray, Ministry Prog	gram Coordinator	amy.murray@urbucc.org
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Teams:		
Building & Grounds		E
Christian Growth		• •
Membership Team		
Social Media Team	•	
Worship & Music	Paul Johnson	paul.johnson@urbucc.org

Church Office hours are Monday to Friday 9:00 am to 3:00 pm